



# Jan Dommerholt, PT, DPT, MPS, DAAPM

Doctor of Physical Therapy  
Diplomate, the Academy of Integrative Pain Management

## PROFESSIONAL EXPERIENCE

- President / CEO – Myopain India, Chennai, India, 2015 - present
- Founder / CEO - PhysioFitness, LLC, Rockville, MD, 2014 - present
- Lecturer - Shenandoah University, Winchester, VA, 2011 – present
- Associate Professor - Universidad CEU Cardenal Herrera, Valencia, Spain, 2011 - present
- Lecturer – University of Maryland, Baltimore, MD, 2010 - present
- President / CEO - Bethesda Physiocare®, Inc., Bethesda, MD, 2006 – present
- President / CEO - Myopain Seminars, Bethesda, MD 2007 – present
- Vice President - Pain & Rehabilitation Medicine, Bethesda, M.D., 2001 - 2006
- Program Director And Instructor - The Janet G. Travell, MD Seminar Series, 1996 - 2007
- Director of Rehabilitation Services - Pain & Rehabilitation Medicine, Bethesda, M.D., 1995 - 2006
- Director of Clinical Operations - Medlantic Healthcare Group, Inc., 1990 – 1995
- President / CEO - The Meridian Therapy Institute, Inc., Germantown, Maryland, 1990 - 1994
- Physical Therapist - Metropolitan Rehabilitation Associates, Inc., Silver Spring, Maryland, 1987 - 1990
- Physical Therapy Assistant - Washington Hospital Center, District of Columbia, 1986 - 1987
- Physical Therapist - Instituut voor Fysiotherapie Ballieux, Elst, The Netherlands, 1986

## EDUCATION

- Aalborg University, Center for Sensory-Motor Interaction, Faculty of Medicine, Denmark  
Doctor of Philosophy - Candidate, 2014 – present
- University of St. Augustine for Health Sciences, St. Augustine, FL  
Doctor of Physical Therapy (emphasis on chronic pain management), 2009
- Lynn University, Boca Raton, FL  
Master of Science/Professional Studies; Combined Degree in Biomechanical Trauma and Health Care Administration; Dean's List 1995 – 1996, May 1996

New York University, New York, NY

Research in NYU Human Performance Analysis Laboratory, 1988 - 1989

Interstudy Academy of Physical Therapy, Arnhem, the Netherlands

Four (4) year physical therapy program (> 180 credits), May 1986

#### EDITORIAL BOARD MEMBERSHIP

1. Cuestiones de Fisioterapia, 2008 – present
2. Journal of Manual and Manipulative Therapy, 2006 – present
3. Journal of Bodywork and Movement Therapies, 2002 – 2015; Associate Editor, 2015 - present
4. Journal of Musculoskeletal Pain, 2004 – 2014

#### CONSULTANT SERVICES

- APTA Dry Needling Resource Manual Consultant, 2012
- APTA Dry Needling Subject Matter Expert (SME) Workgroup, 2011
- Journal of Sport and Health Science, 2011 – present, Manuscript reviewer
- Physiotherapy, 2011 – present, Manuscript reviewer
- American Physical Therapy Association, 2011, Member Dry Needling Consultant Group
- Medical Advisory Board Member, Headway Ltd. Misgav Venture Accelerator, Israel
- Geriatric Orthopaedic Surgery & Rehabilitation, 2010 – present, Manuscript reviewer
- Journal of Orthopaedic Surgery and Research, 2010 – present, Manuscript reviewer
- Journal of Alternative and Complimentary Medicine, 2006 - present, Manuscript reviewer
- Archives of Physical Medicine and Rehabilitation, 2006 - present, Manuscript reviewer
- Program Director Focus on Pain 2005 conference, Philadelphia, PA, October 2005
- Clinical Journal of Pain, 2005, Manuscript Reviewer
- International Journal of Medical Sciences, 2005 - present, Manuscript Reviewer
- Physical Therapy, 2005 - present, Manuscript Reviewer
- American Journal of Physical Medicine and Rehabilitation, 2004 - present, Manuscript reviewer
- Journal of Musculoskeletal Pain, 2004 – 2014: Literature Review: Myofascial Pain Syndromes – Trigger Points (initially with David Simons, MD)
- Journal of Bodywork and Movement Therapies, 2002 – present, Manuscript reviewer
- The Haworth Medical Press, 2002, Book reviewer
- Maryland State Board of Physical Therapy Examiners, 2001 – present, Expert witness
- Journal of Bodywork and Movement Therapies, 2001, Book reviewer
- International Myopain Society, 2001: Abstract Reviewer, Fifth World Congress on Myofascial Pain and Fibromyalgia, Portland, OR
- Journal of Musculoskeletal Pain, 1999 – present, Manuscript reviewer
- HSBC Trinkaus & Burkhardt, Luxemburg, 1999, Ergonomic consultant
- Instituut voor Toegepaste Wetenschappen, Utrecht, the Netherlands, 1998: (Institute for Applied Sciences) - Content expert reviewer of biomechanical research proposal

- Flexibility, Inc. Montgomery Village, M.D., 1997 - Content expert reviewer of "The Kinkout Workout," an exercise video
- Weisskircher, Igel, Germany, 1997; Content expert - CD-ROM "Head Pains Due to Myofascial Trigger Points"
- International Physical Therapy Services, Washington, D.C., 1999
- National Geographic Society, Washington, District of Columbia, 1990, Consultant educational film strips
- Danmar Corporation, Custom made soft shell helmet, 1988
- Royal Dutch Physical Therapy Association, Amersfoort, the Netherlands, 1986 – 1989, Consultant

#### BOARD MEMBERSHIP

Secretary / Treasurer - International Myopain Society, Seattle, WA, 2014

#### ADVANCED CERTIFICATION OF COMPETENCY

Whiplash and Brain Injury Traumatology - Spine Research Institute of San Diego, 2009

Completion of a comprehensive training program in whiplash and brain injury traumatology, emphasizing the biomechanics of injury mechanisms, occupant kinematics, automobile crash reconstruction methods, current knowledge of soft tissue, endocrinological, bony, and nervous system disorders, advanced imaging techniques, and the comprehensive case management of whiplash and related disorders.

#### ADVANCED CLINICAL RESIDENCY

Internship with Mariano Rocabado, PT, DPT, Integramedica Clinic, Las Condes, Chile

November/December 2002

Three weeks of hands-on training; treating patients with TMJ, CS and LS dysfunctions.

Mentor: Mariano Rocabado, PT, DPT

#### LICENSURE

The Netherlands, 1986, BIG Registration 69033476804; Maryland, 1988, License Number: 16428

The District of Columbia, 1987 (inactive); Virginia, 1987 (inactive);

#### COURT TESTIMONY

- Medical Malpractice: Daniel E. Schultz, Esq. Schultz & Trombly, Washington, DC, 2013
- Biomechanical Trauma - Low Speed Whiplash: Jacques Williams, Esq, Monongalia County Circuit Court, Morgantown, West Virginia, 2009
- Medical Malpractice: Alan Belsky, Esq, Montgomery County Circuit Court, Rockville, Maryland, 2010

## AWARDS

2016 Janet G. Travell Excellence in Education Award - National Association of Myofascial Trigger Point Therapists

2014 Henry O. and Florence P. Kendall Practice Award – American Physical Therapy Association

2006 OPTP Award for Excellence in a Published Review of the Literature

Awarded to Jan Dommerholt, Carel Bron, and Jo Franssen: Myofascial trigger points; an evidence-informed review. *J Manual Manipulative Ther* 14(4): p. 203-221, 2006.

## PROFESSIONAL AFFILIATIONS

- Academy of Integrative Pain Management - Diplomate (AIPM)
- American Academy of Orofacial Pain (AAOP)
- American Academy of Orthopaedic Manual Physical Therapists (AAOMPT)
- American Physical Therapy Association (APTA)
  - Orthopaedic Section
    - Performing Arts Physical Therapy Special Interest Group
    - Pain Management Special Interest Group
- American Physical Therapy Association of Maryland (APTA-MD)
- International Myopain Society (IMS)
- Performing Arts Medicine Association (PAMA)
- Physical Therapy Board Of Craniofacial And Cervical Therapeutics (PTBCCT)
- Society for Automotive Engineers (SAE)

## PUBLICATIONS

### Books

1. Fernández de las Peñas, C, J. Cleland and J Dommerholt: *Manual Therapy for Musculoskeletal Pain Syndromes – An Evidenced and Clinical-Informed Approach*. Churchill Livingstone (Elsevier), 2016
2. Dommerholt, J and C. Fernández de las Peñas: *Punción seca de los puntos gatillo – Una estrategia clinica basada en la evidencia*. Madrid, Elsevier, 2013 (translation of item 3)
3. Dommerholt, J and C. Fernández de las Peñas: *Trigger Point Dry Needling – An Evidenced and Clinical-Based approach*. Edinburgh, Churchill Livingstone (Elsevier), 2013
4. Reilich P, C.C. Gröbl, J. Dommerholt: *Myofasziale Schmerzen und Triggerpunkte. Die klinische Essenz*. Munich, Urban & Fischer, 2011
5. Jonckheere, P, K. Demanet, J. Pattyn, J. Dommerholt: *Trigger Points Praktisch Werkboek Myofasciale Therapie. Deel 1: Bovenste Lidmaat*. Brugge, Acu-Qi, 2011
6. Dommerholt J, Huijbregts P.A., Eds. *Myofascial Trigger Points: Pathophysiology and Evidence-Informed Diagnosis and Management*. Boston, Jones & Bartlett, 2011

### Book Chapters

1. Dommerholt, J: *Trigger Points, Neurophysiology and Pain Sciences*. In: Mayoral, O and Salvat, I: *Fisioterapia Invasiva Del Síndrome De Dolor Miofascial*, in press.
2. Dommerholt, J: *Dry Needling*. In: Davis, C: *Integrative Therapies in Rehabilitation; Evidence for Efficacy in Therapy, Prevention, and Wellness*. 4th Edition. Slack, Inc. 2017:305-323

3. Fernández de las Peñas, C, Ge, H-Y, Arendt-Nielsen, L and Dommerholt, J: Referred Muscle Pain from Myofascial Trigger Points. In: Fernández de las Peñas, C, J. Cleland and J Dommerholt: Manual Therapy for Musculoskeletal Pain Syndromes – An Evidenced and Clinical-Informed Approach. Churchill Livingstone (Elsevier), 2016: 659-677
4. Fernández de las Peñas, C, Salom-Moreno, J, Ge, H-Y and Dommerholt, J: Manual Treatment of Myofascial Trigger Points. In: Fernández de las Peñas, C, J. Cleland and J Dommerholt: Manual Therapy for Musculoskeletal Pain Syndromes – An Evidenced and Clinical-Informed Approach. Churchill Livingstone (Elsevier), 2016: 678-689
5. Dommerholt, J and Wijtman, EH: Dry Needling of Muscle Trigger Points. In: Fernández de las Peñas, C, J. Cleland and J Dommerholt: Manual Therapy for Musculoskeletal Pain – An Evidenced and Clinical-Informed Approach. Churchill Livingstone (Elsevier), 2016:690-709
6. Dommerholt, J and J. McEvoy: Myofascial Trigger Point Release Approach. In: C.H. Wise (ed): Orthopaedic Manual Physical Therapy; from Art to Evidence. Philadelphia, FA Davis, 2015
7. Dommerholt, J: Myofascial Pain Syndrome. In: C. Goodwin and K.S. Fuller: Pathology: Implications for the Physical Therapist. Elsevier. 4th Edition, Section 3, Pathology of the Musculoskeletal System. 2015; 1296-1298
8. Fernández de las Peñas, C and J Dommerholt: Basic concepts of myofascial trigger points (TrPs). In: Dommerholt, J and C. Fernández de las Peñas: Trigger Point Dry Needling – an evidence-based approach. Edinburgh, Elsevier. 2013: Chapter 1:3-19
9. Dommerholt, J and C. Fernández de las Peñas: Proposed mechanisms and effects of trigger point dry needling. In: Dommerholt, J and C. Fernández de las Peñas: Trigger Point Dry Needling – an evidence-based approach. Edinburgh, Elsevier. 2013: Chapter 2:21-27
10. Dommerholt, J: Fascia and dry needling. In: Dommerholt, J and C. Fernández de las Peñas: Trigger Point Dry Needling – an evidence-based approach. Edinburgh, Elsevier. 2013: Chapter 3, part 2:35-38
11. Dommerholt, J: Professional controversies and dry needling. In: Dommerholt, J and C. Fernández de las Peñas: Trigger Point Dry Needling – an evidence-based approach. Edinburgh, Elsevier. 2013: Chapter 5:59-69
12. Kelley, L, M. Finnegan and J. Dommerholt: Deep dry needling of the trunk muscles. In: Dommerholt, J and C. Fernández de las Peñas: Trigger Point Dry Needling – an evidence-based approach. Edinburgh, Elsevier. 2013: Chapter 9:119-132
13. Sandalcidi, D and J. Dommerholt: Deep dry needling of the hip, pelvis and thigh muscles. In: Dommerholt, J and C. Fernández de las Peñas: Trigger Point Dry Needling – an evidence-based approach. Edinburgh, Elsevier. 2013, Chapter 10:133-150
14. Dommerholt, J: Trigger Point Therapy. In: Schleip, R. T. Finley, L. Chaitow and P. Huijing: Fascia: The Tensional Network of the Human Body: The science and clinical applications in manual and movement therapy Edinburgh, Churchill Livingstone, 2012; Chapter 7.2: 297-302
15. Dommerholt, J, J. McEvoy and C. Gröbli: Trigger Point Dry Needling. In: Fernández-de-las-Peñas, L. Chaitow and C., J. Schoenen: Multidisciplinary Management Of Migraine: Pharmacological, Manual And Other Therapies. Boston, Jones & Bartlett, 2013:277-289
16. Dommerholt, J and L. Kelley: Myofasziale Schmerzsyndrome. In: Hildebrandt, J, M. Pflingsten and G. Müller: Rückenschmerz und Lendenwirbelsäule; Leitliniengerechtes Vorgehen in der Praxis. Munich, Urban & Fischer, 2012: 210-215.
17. Dommerholt, J and T. Adler: Intramuscular Manual Therapy. In: Chaitow, L and Lovegrove, R: Practical Physical Medicine Approaches to Chronic Pelvic Pain (CPP) & Dysfunction. Edinburgh, Churchill Livingstone, 2012; Chapter 15: 363-376.

18. Dommerholt, J and R. Stanborough: Muscle Pain Syndromes. In: Cantu, R, A. Grodin, R. Stanborough: Myofascial Manipulation. 3rd Edition. Austin, Pro-Ed, 2012: 125-180
19. Dommerholt, J: Sicherheit und Hygiene beim Dry Needling von Triggerpunkten. Munich, Urban & Fischer.
20. Reilich, P., C. Gröbli, J. Dommerholt, and R. Weissmann: Therapiealgorithmus. In: Reilich, P, C. Gröbli, J. Dommerholt: Myofasziale Schmerzen und Triggerpunkte. Die klinische Essenz. Munich, Urban & Fischer, 2012: 90-91
21. Dommerholt, Pathophysiologie. In: Reilich, P, C. Gröbli, J. Dommerholt: Myofasziale Schmerzen und Triggerpunkte. Die klinische Essenz. Munich, Urban & Fischer, 2012: 26-34
22. Dommerholt, J: Dry Needling und Akupunkturtechniken In: Reilich, P, C. Gröbli, J. Dommerholt: Myofasziale Schmerzen und Triggerpunkte. Die klinische Essenz. Munich, Urban & Fischer, 2012: 58-75
23. Stebler Fischer, C. and J. Dommerholt: Manuelle Therapieverfahren. In: Reilich, P, C. Gröbli, J. Dommerholt: Myofasziale Schmerzen und Triggerpunkte. Die klinische Essenz. Munich, Urban & Fischer, 2012: 52-58
24. Dommerholt, J: Sonstige Therapieverfahren. In: Reilich, P, C. Gröbli, J. Dommerholt: Myofasziale Schmerzen und Triggerpunkte. Die klinische Essenz. Munich, Urban & Fischer, 2012: 83-90.
25. Dommerholt, J: Foreword. In: Chaitow, L. and J. DeLany: Clinical Application Of Neuromuscular Techniques Volume 2 - The Lower Body, Second Edition. Elsevier, 2011
26. Dommerholt, J and J. Franssen: Wetenschappelijke evidentie van myofasciale trigger punten. In Jonckheere, P, K. Demanet, J. Pattyn, J. Dommerholt: Trigger Points Praktisch Werkboek Myofasciale Therapie. Deel 1: Bovenste Lidmaat. Brugge, Acu-Qi, 2011: 57-84
27. Franssen, J., C. Bron, J. Dommerholt: Myofascial Trigger Points in the Workplace. In Fernández-de-las-Peñas, C., J.A. Cleland, P. Huijbregts: Neck and Arm Pain Syndromes: Evidence-Informed Screening, Diagnosis, and Management. Elsevier, 2011: Chapter 6:78-93
28. Fernández de las Peñas, C, H.Y. Ge, J. Dommerholt, L. Arendt-Nielsen, D.G. Simons: Referred Pain from Muscle Trigger Points in Patients with Arm Pain Syndromes. In Fernández-de-las-Peñas, C., J.A. Cleland, P. Huijbregts: Neck and Arm Pain Syndromes: Evidence-Informed Screening, Diagnosis, and Management. Elsevier, 2011; Chapter 32:404-418
29. Fernández de las Peñas, C., H.Y. Ge, J. Dommerholt: Manual Treatment of Trigger Points. In: Fernández-de-las-Peñas, C., J.A. Cleland, P. Huijbregts: Neck and Arm Pain Syndromes: Evidence-Informed Screening, Diagnosis, and Management. Elsevier, 2011: Chapter 33: 419-429
30. Dommerholt, J: Dry Needling of Trigger Points. In: Fernández-de-las-Peñas, C., J.A. Cleland, P. Huijbregts: Neck and Arm Pain Syndromes: Evidence-Informed Screening, Diagnosis, and Management. Elsevier, 2011: Chapter 34: 430-438
31. Dommerholt, J, C. Bron and J. Franssen: Myofascial trigger points: an evidence-informed review. In: Dommerholt J, Huijbregts P.A., Eds. Myofascial Trigger Points: Pathophysiology and Evidence-Informed Diagnosis and Management. Boston, Jones & Bartlett, 2011: Chapter 2: 17-50
32. Dommerholt, J. and R.D. Gerwin: "Nutritional and metabolic perpetuating factors in myofascial pain." In: Dommerholt J, Huijbregts P.A., Eds. Myofascial Trigger Points: Pathophysiology and Evidence-Informed Diagnosis and Management. Boston, Jones & Bartlett, 2011: Chapter 3: 51-61.
33. Dommerholt, J., O. Mayoral del Moral and C. Gröbli: "Trigger Point Dry Needling." In: Dommerholt J, Huijbregts P.A., Eds. Myofascial Trigger Points: Pathophysiology and Evidence-Informed Diagnosis and Management. Boston, Jones & Bartlett, 2011: Chapter 8:159-190
34. Dommerholt, J: Whiplash, Muscle Pain, and Motor Dysfunction. In: S. Mense and R.G. Gerwin, Editors: Muscle Pain - An Update. Mechanisms, Diagnosis and Treatment. Berlin, Springer, 2010: Chapter 9: 247-288.

35. Dommerholt, J, J.P. Shah: Myofascial Pain Syndrome. In: J.C. Ballantyne, J.P Rathmell., and S.M. Fishman, Editors: *Bonica's Pain Management*, 4th Edition, Baltimore, Lippincott, Williams & Wilkins, 2010; Chapter 35, 450-471.
36. Dommerholt, J, T. Issa: Differential Diagnosis: Differential Diagnosis of Fibromyalgia. In: Chaitow, L (ed): *Fibromyalgia; A Practitioner's Guide to Treatment*. Edinburgh, Churchill Livingstone, 2009: Chapter 8, 179- 213.
37. Dommerholt, J. R. Gerwin: Neurophysiologic Effects of Needling Therapies. In; Fernández de las Peñas, C., L. Arendt-Nielsen, and R.D. Gerwin: *Diagnosis And Management Of Tension Type And Cervicogenic Headache*. Boston, Jones & Bartlett, 2010: Chapter 21:247-259
38. Fernández de las Peñas, H.Y, Ge, J. Dommerholt: Manual Identification of Trigger Points in the Muscles Associated with Headaches. In; Fernández de las Peñas, C., L. Arendt-Nielsen, and R.D. Gerwin: *Diagnosis And Management Of Tension Type And Cervicogenic Headache*. Boston, Jones & Bartlett, 2010: Chapter 16:183-194
39. Dommerholt, J, R.D. Gerwin: Needling of Head, Neck and Shoulder Muscle Trigger Points Relevant to Headache. In; Fernández de las Peñas, C., L. Arendt-Nielsen, and R.D. Gerwin: *Diagnosis And Management Of Tension Type And Cervicogenic Headache*. Boston, Jones & Bartlett, 2010: Chapter 31: 421-430
40. Dommerholt, J: El síndrome de dolor miofascial en la region craneomandibular [in Spanish: myofascial pain syndrome in the craniomandibular region]. In: Eduardo Padrós Serrat (ed): *Bases diagnosticas, terapeuticas y posturales del funcionalismo craneofacial*. Madrid, Ripano, 2006: 564-581
41. Gerwin, R, J. Dommerholt: Treatment of Myofascial Pain Syndromes. In: Boswell M.V., B.E. Cole (ed): *Weiner's Pain Management; A Practical Guide for Clinicians*, 7th Edition. Boca Raton, CRC Press, 2006: 477- 492
42. Dommerholt, J, C. Gröbli: The Knee. In: Whyte-Ferguson, L, R. Gerwin (eds): *Clinical Mastery of Myofascial Pain*. Baltimore, Lippincott, Williams & Wilkins, 2005:359-389
43. Dommerholt, J, P. Royson, L.R. Whyte-Ferguson: Neck pain and dysfunction following whiplash. In: Whyte-Ferguson, L, R. Gerwin (eds): *Clinical Mastery of Myofascial Pain*. Baltimore, Lippincott, Williams & Wilkins, 2005:57-89
44. Dommerholt, J, T. Issa: Differential Diagnosis: Myofascial Pain. In: Chaitow, L (ed): *Fibromyalgia; A Practitioner's Guide to Treatment*. Edinburgh, Churchill Livingstone, 2003:149-177
45. Gerwin, R, J. Dommerholt: Treatment of Myofascial Pain Syndromes. In: Weiner, RS (ed): *Pain Management; A Practical Guide for Clinicians*, 6th Edition. Boca Raton, CRC Press, 2002:235-249
46. Dommerholt, J: Muscle Pain Syndromes. In: Cantu, R, A. Grodin: *Myofascial Manipulation*. 2nd Edition, Gaithersburg, Aspen Publishers, 2001:93-140
47. Dommerholt, J: Posture. In: Tubiana, R. P. Amadio, (eds): *Medical Problems of the Instrumentalist Musician*. London, Martin Dunitz, 2000:399-419
48. Dommerholt, J, R.N. Norris, M. Masset: Adjunctive Treatment Approaches for Injured Musicians. In: Grabois, M., S.J. Garrison, K.A. Hart, L.D. Lehmkuhl (eds): *Physical Medicine and Rehabilitation: The Complete Approach*. Cambridge, Blackwell Science, 2000:814-827
49. Dommerholt, J, R.N. Norris, M. Shaheen: Therapeutic Management of The Instrumental Musician. In: Sataloff, R.T, A.G. Brandfonbrener, R.J. Lederman (eds): *Textbook of Performing Arts Medicine*. San Diego, Singular Press, 1998:277-290
50. Norris, R.N, J. Dommerholt: Applied Ergonomics; Adaptive Equipment and Instrument Modification for Musicians. In: Sataloff, R.T, A.G. Brandfonbrener, R.J. Lederman (eds): *Textbook of Performing Arts Medicine*. San Diego, Singular Press, 1998: 261-275

51. Gerwin, R, J. Dommerholt: Treatment of Myofascial Pain Syndromes. In: Weiner RS (ed): Pain Management; A Practical Guide for Clinicians, 5th Edition. Boca Raton, St. Lucie Press, 1998;217-229
52. Dommerholt, J, R.N. Norris: Physical therapy management of the instrumental musician. In: Gallagher, S.P: Physical Therapy for the Performing Artist, Part II; Music and Dance; Orthopaedic Physical Therapy Clinics of North America. Philadelphia, W.B. Saunders Company. 1997;6:185-206
53. Norris, R.N, J. Dommerholt: Applied Ergonomics; Adaptive Equipment and Instrument Modification for Musicians. In: Gallagher, S.P: Physical Therapy for the Performing Artist, Part II; Music and Dance; Orthopaedic Physical Therapy Clinics of North America Philadelphia, W.B. Saunders Company. 1997;6:159- 183
54. Materson, R.S, J. Dommerholt: Industrial and Sports Medicine. In: Melvin, J.L, I.R. Odderson, Clinical Rehabilitation and Physiatric Practice; Physical Medicine and Rehabilitation Clinics of North America. Philadelphia, W.B. Saunders Company, February 1996;107-123
55. Basic, B.D, J. Dommerholt: Evaluating Progress and Decision Making for Efficient Return to Work: An Algorithm for Work Hardening. In: Fry, R.R. (Ed): Seventh Annual Forum on Issues in Vocational Assessment. Menomonie, WI, Materials Development Center, University of Wisconsin, 1995
56. Norris, R.N, J. Dommerholt: Orthopädische Probleme und Rehabilitation bei muskuloskeletalen Störungen [in German - Orthopaedic Problems and Rehabilitation of musculoskeletal Injuries (of musicians)] In: Blum, J. (Ed): Medizinische Probleme bei Musikern (Medical Problems of Musicians). Stuttgart/New York, Georg Thieme Verlag, 1995;116-159

#### Articles

1. Dommerholt, J. & Stanborough, R: Re: "Dry Needling Is One Type of Acupuncture" by Zhu and Most. Medical Acupuncture. 28(5):287-288
2. Dommerholt, J, Finnegan, M Hooks, T, & Grieve, R: A critical overview of current myofascial pain literature – September 2016. J Bodywork Movement Ther. 2016; 20: 879-892
3. Dommerholt, J, Grieve, R, Finnegan, M, & Hooks, T: A critical overview of current myofascial pain literature – July 2016. J Bodywork Movement Ther. 2016; 20: 657-671
4. Cerezo-Télez, E, Torres-Lacomba, M, Mayoral-Del Moral, O, Sánchez-Sánchez, B, Dommerholt, J, GutiérrezOrtega, C: Prevalence of myofascial pain syndrome in chronic non-specific neck pain: a population-based crosssectional descriptive study. Pain Med. 2016; in press
5. Dommerholt, J, Hooks, T, Finnegan, M, & Grieve, R: A critical overview of current myofascial pain literature – March 2016. J Bodywork Movement Ther, 2016; 20:397-408
6. Mahmoudzadeh A, Rezaeian ZS, Karimi A, Dommerholt J. The effect of dry needling on the radiating pain in subjects with discogenic low-back pain: A randomized control trial. J Res Med Sci 2016;21:94. Available at: <http://jrms.mui.ac.ir/index.php/jrms/article/view/10508>
7. Dommerholt, J, Finnegan, M, Hooks, T, & Grieve, R: A critical overview of current myofascial pain literature – January 2016. J Bodywork Movement Ther, 2016;20(1):156-167
8. Dommerholt, J, Grieve, R Hooks, T, & Layton, M: A critical overview of current myofascial pain literature – October 2015. J Bodywork Movement Ther, 2015; 19:736-746
9. Dommerholt, J: Book Review - Stecco, C 2015 Functional atlas of the human fascial system. J Bodywork Movement Ther, 2015, 19, 679-680
10. Fernández de las Peñas, C, Layton, M, and Dommerholt, J: Dry needling for the management of thoracic spine pain. J Manual Manip Ther, 2015;23(3):147-153.
11. Dommerholt, J, Hooks, T, Layton, M, & Grieve, R: A critical overview of current myofascial pain literature - July 2015. J Bodywork Movement Ther, 2015;19:482-493



12. Lluch E, Mayoral O, Cagnie B, Dommerholt, J and Gerwin R: e-letter on: A critical evaluation of the trigger point phenomenon. *Rheumatology*, 2015: March 11, 2015 (<http://rheumatology.oxfordjournals.org/letters/>).
13. Dommerholt, J, Layton, M, Hooks, T & Grieve, R: A critical overview of current myofascial pain literature - March 2015. *J Bodywork Movement Ther*, 2015;19:337-349
14. Dommerholt, J and Gerwin RD: A Critical Evaluation of Quintner et al: Missing the Point. *J Bodywork Movement Ther*, 2015;19:193-204
15. Dommerholt, J, Grieve, R, Layton, M & Hooks, T: An evidence-informed review of the current myofascial pain literature - January 2015. *J Bodywork Movement Ther*, 2015;19:126-137
16. Fernández de las Peñas, C and Dommerholt J: Myofascial Trigger Points: Peripheral or Central Phenomenon? *Curr Rheumatol Rep* 2014;16:395
17. Brady S, McEvoy J, Dommerholt J, Doody C: Adverse events following trigger point dry needling: a prospective survey of chartered physiotherapists. *J Manual Manip Ther* 2014;22(3):134-140
18. Dommerholt, J: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2014;22(1):111-117
19. Dommerholt, J and C. Bron: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2013;21(4):376-384
20. Dommerholt, J and C. Bron: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2013;21(3):281-294
21. Dommerholt, J and C. Bron: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2013;21(2):183-195
22. Dommerholt, J and C. Bron: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2013;21(1):83-96
23. Oostendorp, RAB, GM Rutten, J. Dommerholt, MW Nijhuis-van der Sanden J. Harting: Guideline-based development and practice test of quality indicators for physiotherapy care in patients with neck pain. *J Eval Clin Pract*, 2013; 19(6):1044-1053.
24. Dommerholt, J and C. Bron: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2012;20(4):321-330.
25. Bron, C and J. Dommerholt: Etiology of Myofascial Trigger Points. *Curr Pain Headache Rep*, 2012;16(5):439-44
26. Dommerholt, J and C. Bron: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2012;20(3):226-234
27. Dommerholt, J and C. Bron: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2012;20(2):140-146
28. Dommerholt, J and C. Bron: Myofascial Pain Syndrome - Trigger Points. *J Musculoskeletal Pain*, 2012;20(1):60- 67
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102. Bejjani, F.J, L. Ferrara, N. Xu, C.M. Tomaino, L.Pavlidis, J. Wu, J. Dommerholt: Comparison of Three Piano Techniques as an Implementation of a Proposed Experimental Design. *Medical Problems of Performing Artists*, September. 1989;4(3):109-113

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#### EXPERT TESTIMONY (physical therapy and dry needling)

- Washington State Department of Health Dry Needling Sunrise Review, August 2016
- Maryland Senate Education, Health & Environmental Affairs Committee, March 2015
- Mississippi Board of Medicine, September 2012
- Mississippi Board of Physical Therapy, July 2012
- Oregon Board of Physical Therapy (in writing), February 2010
- North Carolina Board of Physical Therapy (in writing), February 2010
- District of Columbia Board of Physical Therapy, November 2009
- Maryland Board of Physical Therapy Examiners, November 2009
- Georgia Composite Medical Board (in writing), October 2009
- Delaware Board of Physical Therapy (in writing), May 2009
- Michigan Board of Physical Therapy (in writing), March 2009
- Colorado Board of Regulations, October 2007
- Virginia Board of Physical Therapy, October 2006

#### LECTURES (2000 – current)

1. Dry Needling – Inhibiting the Inhibition, NAMTPT 2016, Herndon, VA, October 2016
2. Research Update in Myofascial Pain, NAMTPT 2016, Herndon, VA, October 2016
3. Current Findings on Myofascial Pain; Treatment Options and Integrative Strategies, NAMTPT 2016, Herndon, VA, October 2016
4. Dry Needling – An Evidence Based Intervention, University of Maryland, School of Physical Therapy, Baltimore, MD, April 2016
5. Overview of Recent Myofascial Pain Literature, Myopain Mini-Conference, Rockville, MD, March 2016
6. State of the Art: An Update of Recent Research in the Field of Myofascial Therapy, First International Scientific Meeting on Myofascial Therapy, Mechelen, Belgium, November 2015
7. Physical Therapy and Ehlers-Danlos Syndrome: From a Structural Approach to a Process Approach. 2015 Learning Conference, The Ehlers-Danlos Foundation, Baltimore, August 2015
8. Dry Needling – An Evidence Based Intervention, University of Maryland, School of Physical Therapy, Baltimore, MD, April 2014
9. Dry Needling in Kuwait. Al Seef Hospital, Kuwait City, Kuwait, February 2015
10. Keynote: Myofascial Pain and Fibromyalgia. Calgary Pain Conference. Calgary, AB, Canada, December 2014

11. Wetenschappelijke evidentie van myofasciale pijn en dry needling. Nederlands Myofasciaal Pijncongres, Groningen, the Netherlands, November 2014
12. Hands-on Dry Needling. Myofascial Pain and Fibromyalgia: Clinical Seminars on Preventing Chronic Pain. US Chapter of the International Myopain Society. Minneapolis, MN, September 2014
13. Physical Therapy in the Management of EDS. 2014 Ehlers Danlos Syndrome Physicians Conference, Baltimore, MD September 2014
14. Dry Needling – An Evidence Based Intervention, University of Maryland, School of Physical Therapy, Baltimore, MD, April 2013
15. Keynote: Science and Trigger Points; Does it Matter? Pain Management Conference 2014. Massage Therapists' Association of British Columbia. Vancouver, BC, Canada, March 2014
16. To Needle Or Not To Needle, That Is The Question: Posterior Tibialis Muscle Trigger Point Deep Dry Needling. Myopain 2013 - Ninth World Congress on Myofascial Pain and Fibromyalgia. International Myopain Society, Seattle, WA, August 2013
17. Adverse Events following Trigger Point Dry Needling: A Prospective Survey of Chartered Physiotherapists. Myopain 2013 - Ninth World Congress on Myofascial Pain and Fibromyalgia. International Myopain Society, Seattle, WA, August 2013
18. Dry Needling – The Scientific Basis. Myofasciale pijn en dry needling: 'evidence' en de dagelijkse praktijk. Houten, the Netherlands, June 2013
19. Dry Needling – An Evidence Based Intervention, University of Maryland, School of Physical Therapy, Baltimore, MD, May 2013
20. The Ins and Outs of Dry Needling. APTA of Maryland. Baltimore, MD, March 2013
21. Dry Needling – An Emerging Technique in Physical Therapists Practice. American Physical Therapy Association, Combined Sections Meeting. San Diego, CA, January 2013.
22. Dry Needling – The Current Evidence. International Federation of Orthopaedic Manual Physical Therapists, Quebec City, QB, Canada, October 2012
23. Dry Needling – The Current Evidence. Connecticut Physical Therapy Association. September 2012
24. Physical Therapy Management of Persons with Ehlers Danlos and Chiari Malformation. University of CastillaLa Mancha, Toledo, Spain, April, 2012
25. Central Sensitization in Physical Therapy Practice. CEU Cardenal Herrera University, Valencia, Spain, April 2012
26. Physical Therapy, Chiari Malformations, and Ehlers-Danlos Syndrome, Ehlers-Danlos Syndrome Colloquium, Washington, DC, September 2011
27. Physical Therapy Management of Persons with Ehlers-Danlos Syndrome, Ehlers-Danlos National Foundation, Baltimore, MD, July 2011
28. Physical Therapy for Instrumentalist Musicians. American Physical Therapy Association, Combined Sections Meeting. New Orleans, LA, February 2011
29. Myofascial Pain inhibits Head and Neck Function. American Academy of Orofacial Pain, Las Vegas, NV, May 2011
30. Instrumental Musician with Upper Extremity Dysfunction. APTA Combined Sections 2011, New Orleans, LA, February 2011
31. Myofascial Pain and Fibromyalgia. Santa Maria Nuova, Reggio Emilia, Italy, October 2010
32. Intramuscular Manual Therapy (aka Dry Needling); Emerging Issues in Physical Therapy. American Physical Therapy Association: 2010 State Government Affairs Forum. Portland, OR, September 2010
33. Dry Needling in the Treatment of Headaches and Orofacial Pain, American Academy of Orofacial Pain, Orlando, FL, May 2010

34. Specificity in Muscle Examination. Congress: Does the Efficacy of Manual Therapy Depend on its Specificity? Parma, Italy, April 2010
35. Trigger Point Dry Needling. Second International Fascia Research Congress. Free University, Amsterdam, the Netherlands, October 2009
36. Myofasciale Triggerpoints. Pain Symposium. University of Groningen, the Netherlands, April 2008
37. Myofascial Trigger Points and Low Back / Pelvic Pain; Evidence-Informed Therapeutic Options. 6th Interdisciplinary World Congress on Low Back & Pelvic Pain. Barcelona, Spain, November 2007
38. Myofascial Pain in the Lower Quadrant: the Missing Points, Annual Conference of the American Academy of Orthopedic Manual Physical Therapists, Charlotte, NC, November 2006
39. Trigger Point Dry Needling. Virginia State Board of Physical Therapy, October 2006
40. Dry Needling in Orthopedic Physical Therapy Virginia Physical Therapy Association, Richmond, VA, November 2005
41. Myths and Mysteries of Myofascial Pain Syndrome, Focus on Pain 2005, Philadelphia, PA, October 2005
42. Back to Basics: An Integrated Approach to Chronic Low Back and Pelvic Pain Multidisciplinary Approaches to Low Back and Pelvic Pain Conference, Tampa Bay, FL June 2004
43. Musculoskeletal Problems in the Instrumentalist Guest lecturer – Music Department George Mason University, Fairfax, VA, February 2003
44. Controversies in the Diagnosis of Fibromyalgia, Guest lecturer - Rocabado M3 Course, Santiago, Chile, December 2002
45. Myofascial Pain Syndrome in Dental Practice, Guest lecturer - Rocabado M3 Course, Santiago, Chile December 2002
46. Controversies in the Diagnosis of Fibromyalgia, Integramedica, Santiago, Chile, November 2002
47. Myofascial Pain Syndrome, Integramedica, Santiago, Chile, November 2002
48. Dynamic vertebral stabilization National Convention, National Association of Myofascial Trigger Point Therapists, Nassau, Bahamas, March 2002
49. Fibromyalgie, ein schmerzhafter Punkt [in German - Fibromyalgia, a tender point] Keynote Speaker, Congress, SPV 2001, Swiss Physical Therapy Association, Fribourg, Switzerland, May 2001
50. Fibromyalgia; a tender point, National conference, National Association of Myofascial Trigger Point Therapists, San Diego, CA, April 2001
51. Controversies in the Diagnosis of Fibromyalgia, Grand Rounds - National Institute of Health, Department of Physical Medicine & Rehabilitation, Bethesda, MD, April 2001
52. Neurophysiology of Myofascial Trigger Points, 2nd GCC Annual Physical Therapy Conference, Bahrain Physical Therapy Association; Manama, Bahrain, November 2000
53. The Problems of Fibromyalgia, Sports Medicine in the 21st Century: Issues of Impairment, 8th Annual MidAmerican Sports Medicine Symposium; Ypsilanti, MI, April 2000
54. From Tender/Trigger Point to Function; An Integrated Approach, Focus on Pain 2000, Mesa, AZ, March 2000

#### SELECT WORKSHOPS (2010 – current)

1. Dry Needling 2, Limerick, Ireland, December 2017
2. Dry Needling for Pelvic Pain and Dysfunction, Dublin Ireland, November 2017
3. Canine Trigger Point Management, The Woodlands, November 2016
4. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, November 2016
5. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, November 2016

6. Dry Needling 1 & 2, Arequipa, Peru, October 2016
7. Dry Needling 1, Doha, Qatar, September 2016
8. Dry Needling 1, Abu Dhabi, UAE, September 2016
9. Dry Needling 2, Bethesda, MD, September 2016
10. Dry Needling 1, Carmel, IN, August 2016
11. Dry Needling 2, Bethesda, MD, July 2016
12. Dry Needling 1, Bethesda, MD, July 2016
13. Advanced Dry Needling Workshop, Melbourne, Australia, June 2016
14. Advanced Dry Needling Workshop, Sydney, Australia, June 2016
15. Dry Needling 1, Bethesda, MD, June 2016
16. Dry Needling 1, Wasilla, AK, May 2016
17. Dry Needling 1, Bethesda, MD, May 2016
18. Dry Needling 3, Doha, Qatar, April 2016
19. Dry Needling 3, Dubai, UAE, April 2016
20. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, April 2016
21. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, April 2016
22. Dry Needling 2, Dubai, UAE, March 2016
23. Dry Needling 2, Valencia, Spain, March 2016
24. Dry Needling 2, Limerick, Ireland, March 2016
25. Dry Needling 1, Dubai, UAE, February 2015
26. Dry Needling 2, Doha, Qatar, January 2016
27. Dry Needling 3, Mangalore, India, January 2016
28. Dry Needling 2, Mangalore, India, January 2016
29. Dry Needling 1, Kensington, MD, December 2015
30. Dry Needling for Elite Tennis Players, Association of Tennis Professionals, Ponte Vedra, FL, December 2015
31. Clinical Workshop: Advanced Techniques with Jan Pattyn, First International Scientific Meeting on Myofascial Therapy, Mechelen, Belgium, November 2015
32. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, November 2015
33. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, November 2015
34. Dry Needling for the Head/Neck/Shoulder, Gennep, the Netherlands, November 2015
35. Clinical Anatomy (with Prof Andry Vleeming), Biddeford, ME, October 2015
36. Dry Needling 1, Dubai, UAE, October 2015
37. Dry Needling 3, Bangalore, India, October 2015
38. Dry Needling 2, Bangalore, India, October 2015
39. Dry Needling 1, Doha, Qatar, October 2015
40. Dry Needling 2, Bethesda, MD, August 2015
41. Dry Needling 1, Mangalore, India, August 2015
42. Canine Trigger Point Management, The Woodlands, June 2015
43. Dry Needling 2, Dubai, UAE, May 2015
44. Dry Needling 4, Appleton, WI, May 2015
45. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, April 2015
46. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, April 2015
47. Dry Needling 1, Bethesda, MD, March 2015
48. Dry Needling 3, Bethesda, MD, March 2015
49. Dry Needling 4, Dubai, UAE, February 2015



50. Dry Needling 1, Dubai, UAE, February 2015
51. Dry Needling 1, Bangalore, India, February 2015
52. Dry Needling 2, Limerick, Ireland, January 2015
53. Dry Needling 4, Bethesda, MD, January 2015
54. Dry Needling 2, Bethesda, MD, December 2014
55. Dry Needling – An Introductory Workshop. Calgary Pain Conference. Calgary, AB, Canada, December 2014
56. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, November 2014
57. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, November 2014
58. Dry Needling 3, St. Louis Park, MN, October 2014
59. Dry Needling 1, Atlanta, GA, October 2014
60. Dry Needling 1, Savannah, GA, September 2014
61. Dry Needling 2, Dubai, UAE, September 2014
62. Canine Trigger Point Management, The Woodlands, September 2014
63. Dry Needling with the Detroit Lions and Detroit Red Wings. Detroit, MI, July 2014
64. Dry Needling 4, Atlanta, GA, June 2014
65. Dry Needling 1 & 2, Lima, Peru, June 2014
66. Dry Needling 2, Dublin, Ireland, June 2014
67. Dry Needling 1, Dubai, UAE, June 2014
68. Dry Needling 4, Appleton, WI, May 2014
69. Clinical Anatomy with Dr. Andry Vleeming, Biddeford, ME, May 2014
70. Dry Needling 3, Oakbrook, IL, April 2014
71. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, April 2014
72. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, April 2014
73. Evidence-informed clinical practice (with Stew Wild) Pain Management Conference 2014. Massage Therapists' Association of British Columbia. Vancouver, BC, Canada, March 2014
74. Post-Graduate Course, Bethesda, MD, 2014
75. Dry Needling 1, Dubai, UAE, February 2014
76. Dry Needling 2, Limerick, Ireland, February 2014
77. Comprehensive Evaluation of the Inter-related Cervical Spine, TMJ, and Masticatory Musculature 3, Orlando, FL, January 2014
78. Orofacial Dry Needling 3, Orlando, FL, January 2014
79. Dry Needling 2, Atlanta, GA, January 2014
80. Dry Needling 1, Atlanta, GA, January 2014
81. Dry Needling 4, Chattanooga, TN, December 2013
82. Dry Needling 4, Baltimore, MD, December 2013
83. Comprehensive Evaluation of the Inter-related Cervical Spine, TMJ, and Masticatory Musculature 2, Orlando, FL, November 2013
84. Orofacial Dry Needling 2, Orlando, FL, November 2013
85. Dry Needling 4, Menasha, WI, November 2013
86. Dry Needling Workshop, Dubai, UAE, November 2013
87. Dry Needling 1, Dubai, UAE, October 2013
88. Dry Needling 1, Oakbrook, IL, October 2013
89. Canine Trigger Points, The Woodlands, October 2013
90. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, October 2013
91. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, September 2013

92. Dry Needling 2, Limerick, Ireland, September 2013
93. Dry Needling 3, Menasha, WI, September 2013
94. Dry Needling 1, Huntersville, NC, September 2013
95. Myofascial Pain Syndrome Essentials; Whiplash without Damage to the Vehicle. Myopain 2013. International Myopain Society, Seattle, WA, August 2013 (with Al Clavel, MD, James Friction, DDS, Bernadette Jaeger, DDS and Elizabeth Moncada, DDS, MS)
96. Dry Needling 2, North Carolina Physical Therapy Association, Winston-Salem, NC, May 2013
97. Dry Needling 2, Menasha, WI, June 2013
98. Trigger Point Dry Needling, Module III, part 1I, Groningen, the Netherlands, June 2013
99. Review and Certification Examination, The Woodlands, TX, June 2013
100. Clinical Anatomy with Dr. Andry Vleeming, Biddeford, ME, May/June 2013
101. Dry Needling 1, North Carolina Physical Therapy Association, Winston-Salem, NC, May 2013
102. Review and Certification Examination, Bethesda, MD, May 2013
103. Review and Certification Examination, Virginia Beach, VA, May 2013
104. Dry Needling 2, Clarksville, MD, May 2013
105. Orofacial Dry Needling 1, Orlando, FL. April 2013
106. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, April 2013
107. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, April 2013
108. Dry Needling Module 3, Physiotherapy Associates, Atlanta, GA, March 2013
109. Dry Needling 1, Menasha, WI, Feb/March 2013
110. Canine Trigger Points, The Woodlands, February 2013
111. Dry Needling 1, Pewaukee, WI, February 2013
112. Dry Needling 2, Limerick, Ireland, February 2013
113. Dry Needling 2, The Woodlands, TX, January 2013
114. Dry Needling 2, Myrtle Beach, SC, January 2013
115. Dry Needling 2, Virginia Beach, VA, December 2012
116. Dry Needling for the Elite Tennis Player, Women Tennis Association, Tampa, FL, November 2012
117. Dry Needling Module IV, Caspar, WY, November 2012
118. Dry Needling 1, The Woodlands, TX, November, 2012
119. Dry Needling 2, Bethesda, MD, October 2012
120. Canine Trigger Points, The Woodlands, October 2013
121. Dry Needling Module 2, Physiotherapy Associates, Atlanta, GA, September 2012
122. Dry Needling 1, Bethesda, MD, September 2012
123. Dry Needling 1, Virginia Beach, VA, September 2012
124. Dry Needling Module III, Caspar, WY, July 2012
125. Review and Certification Examination, Milwaukee, WI, May 2012
126. Trigger Point Dry Needling, Module III, part 1I, Groningen, the Netherlands, June 2012
127. Dry Needling 2 – The Trunk, Limerick, Ireland, June 2012
128. Review and Certification Examination, Kalispell, MT, May 2012
129. Review and Certification Examination, Asheville, NC, May 2012
130. Orofacial Dry Needling III, American Academy of Orofacial Pain, Pasadena, CA, May 2012
131. Dry Needling Module 1, Physiotherapy Associates, Atlanta, GA, April 2012
132. Dry Needling in Sports Physical Therapy, CEU Cardenal Herrera University, Valencia, Spain, April 2012
133. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, April 2012

134. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, April 2012
135. Foundations of Trigger Point Examination, Raleigh, NC, March 2012
136. Extremity Pain, Asheville, NC, March 2012
137. Dry Needling Module II, Caspar, WY, March 2012
138. Head, Face, Neck and Shoulder Pain, Kalispell, MT, March 2012
139. Canine Trigger Points, The Woodlands, February 2012
140. Dry Needling 2 – The Trunk, Limerick, Ireland, February 2012
141. Pelvic Pain and Dry Needling, Dublin, Ireland, February 2012
142. Foundations of Trigger Point Examination, Kalispell, MT, January 2012
143. Dry Needling, Module I, Casper, WY, January 2012
144. Foundations of Trigger Point Examination, Milwaukee, WI, November 2011
145. Low Back and Pelvic Pain, Asheville, NC, November 2011
146. Orofacial Dry Needling II, American Academy of Orofacial Pain, Orlando, FL, November 2011
147. Review and Certification Examination, Virginia Beach, VA, October 2011
148. Head, Face, Neck and Shoulder Pain, Huntersville, NC, September 2011
149. Foundations of Trigger Point Examination, Bethesda, MD, September 2011
150. Extremity Pain, Virginia Beach, VA, August 2011
151. Dry Needling Module IV, Broadway, VA, July 2011
152. Dry Needling Module III, Broadway, VA, June 2011
153. Trigger Point Dry Needling, Module III, part 1I, Groningen, the Netherlands, June 2011
154. Low Back and Pelvic Pain, Virginia Beach, VA, June 2011
155. Review and Certification Examination, Wauwatosa, WI, June 2011
156. Dry Needling 2 – The Trunk, Limerick, Ireland, May 2011
157. Dry Needling Module II, Broadway, VA, May 2011
158. Review and Certification Examination, Bethesda, MD, May 2011
159. Orofacial Dry Needling I, American Academy of Orofacial Pain, Las Vegas, April 2011
160. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, April 2011
161. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, April 2011
162. Head, Face, Neck and Shoulder Pain, Virginia Beach, VA, March 2011
163. Low Back and Pelvic Pain, Wauwatosa, WI, March 2011
164. Dry Needling Module I, Broadway, VA, March 2011
165. Low Back and Pelvic Pain, Bethesda, MD, March 2011
166. Foundations of Trigger Point Examination, Huntersville, NC, February 2011
167. Foundations of Trigger Point Examination, Virginia Beach, VA, January 2011
168. Head, Face, Neck and Shoulder Pain, Wauwatosa, WI, January 2011
169. Head, Face, Neck and Shoulder Pain, Bethesda, MD, December 2010
170. Dry Needling for the Elite Tennis Pro, ATP World Tour, London, UK, November 2010
171. Foundations of Trigger Point Examination, Bethesda, MD, November 2010
172. Dry Needling 1 – Extremities, Limerick, Ireland, November 2010
173. Foundations of Trigger Point Examination, Bethesda, MD October 2010
174. Dry Needling Update. University of Castilla-La Mancha, Toledo, Spain October 2010
175. Foundations of Trigger Point Examination, Parma, Italy, October 2010
176. Trigger Point Dry Needling, Module III, part 1I, Groningen, the Netherlands, June 2010
177. Trigger Point Dry Needling and Certification, Bethesda, May 2010
178. Trigger Point Dry Needling, Module III, part 1, Groningen, the Netherlands, April 2010
179. Low Back, Pelvic and Leg Pain Module II, Groningen, the Netherlands, April 2010

180. Dry Needling 1 – Extremities, Limerick, Ireland, March 2010
181. Dry Needling Refresher Course, Limerick, Ireland, March 2010
182. Foundations of Trigger Point Examination, Bethesda, MD, February 2010
183. Head, Face, Neck and Shoulder Pain, Bethesda, MD, January 2010

#### POSTER PRESENTATIONS

1. Cerezo-Téllez, E, M. Torres-Lacomba, O. Mayoral-del-Moral, B. Sánchez- Sánchez, J. Dommerholt, L Prieto-Valiente: Prevalencia del Síndrome de Dolor Miofascial en Cervicalgia Crónica Inespecífica. Estudio Descriptivo Transversal. Congreso de Dolor de La Asociación Chilena Para el Estudio Del Dolor (Ached) y al I Congreso de Cuidados Paliativos Ached. Santiago, Chile, November, 2015
2. Dommerholt, J, M. Layton, R.D. Gerwin: To Needle Or Not To Needle, That Is The Question: Posterior Tibialis Muscle Trigger Point Deep Dry Needling. Myopain 2013 - Ninth World Congress on Myofascial Pain and Fibromyalgia. International Myopain Society, Seattle, WA, August 2013
3. Brady S., J. McEvoy, J. Dommerholt, C. Doody: Adverse Events following Trigger Point Dry Needling: A Prospective Survey of Chartered Physiotherapists. Myopain 2013- Ninth World Congress on Myofascial Pain and Fibromyalgia. International Myopain Society, Seattle, WA, August 2013
4. Bron, C., A. de Gast, J. Dommerholt, B. Stegenga, M. Wensing, R.A.B. Oostendorp: Treatment of Myofascial Trigger Points in Shoulder Disorders. Eight World Congress on Myofascial Pain and Fibromyalgia, Toledo, Spain, October 2010
5. Dommerholt, J: Dry Needling and PT Scope of Practice. International Summit on Direct Access and Advanced Scope of Practice. National Harbor, MD, October, 2009
6. Gerwin, R.D., S. Shannon, J. Dommerholt, M. Hunter, B. Roth: A Randomized, Controlled, Double-Blind Study of Ferris PainWrap, a Semipermeable Hydrophilic Polymeric Membrane, in the Treatment of Chronic Low Back Pain. Myopain 2007, Seventh World Congress on Myofascial Pain and Fibromyalgia, Washington, DC, August 2007
7. Dommerholt, J: Myofascial Pain Syndrome in a Classical Guitarist Myopain 2004, Sixth World Congress on Myofascial Pain and Fibromyalgia, Munich, Germany, July 2004
8. Gerwin, R.D., J. Dommerholt, J.P. Shah: An Expansion of Simons' Integrated Trigger Point Hypothesis Myopain 2004, Sixth World Congress on Myofascial Pain and Fibromyalgia, Munich, Germany, July, 2004
9. Gerwin, R.D., J. Dommerholt: Chronic Cervical Whiplash Whiplash Associated Disorders, World Congress Vancouver, B.C., Canada, February, 1999
10. Gerwin, R.D., J. Dommerholt: Myofascial Trigger Points in Chronic Cervical Whiplash Myopain 98, Fourth World Congress on Myofascial Pain and Fibromyalgia Silva Marina, Italy, August, 1998

#### PODCASTS AND WEBINARS

1. Manual Therapy for Musculoskeletal Pain Syndromes: An Interview with Dr Jan Dommerholt. CPD Health Courses. <http://cpdhc.podbean.com/e/manual-therapy-for-musculoskeletal-pain-syndromes-an-interviewwith-dr-jan-dommerholt/>
2. Dry needling is a tool, not a discipline. Private Practice Success & Growth Strategies, Dr. Joe Simon. <http://privatepracticebusinessacademy.com/myopainseminars/>
3. Dry Needling Around the World. An Interview with Dr Jan Dommerholt. CPD Health Courses.
4. How having a treatment framework can change everything. Life After Pain. <http://lifeafterpain.com/info/expert-interviews/dry-needling-courses/>

5. Physical Therapy for Ehlers-Danlos. EDS Awareness Series. <https://youtu.be/7OPilzdAN4>
6. CSF Ehlers-Danlos Syndrome Colloquium. <https://vimeo.com/35766706>
7. Ehlers-Danlos Syndrome: Physical Therapy and Exercise. <https://youtu.be/cU5KGVy6JeQ>
8. Dr Jan Dommerholt: Dry Needling Therapist, Author, Researcher & Educator. Sept 4th 2014. CPD Health Courses. <http://cpdhc.podbean.com/page/2/>

## MEDIA COVERAGE

1. Acupuncturists and Physical Therapists Declare War Over 'Dry Needling.' Healthline, September 7, 2016. <http://www.healthline.com/health-news/acupuncturists-declare-war-over-dry-needling#12>
2. Spierknopen, hoe kom je ervan af? De Volkskrant, November 3, 2015
3. Ask Well: Muscle 'Knots', New York Times, July 13, 2015
4. After trigger point dry needling, a runner's injury heals. But did the technique do it? Washington Post, November 4, 2014
5. Straight to the Point, Boulder Weekly, June 20, 2013
6. Myofascial pain syndrome often leaves doctors baffled and patients untreated, Washington Post, June 17, 2013
7. Negotiating for Non-Cash Compensation, Maryann DiGiacomo, Perspectives, January, 2009
8. Conquering Chronic Pain, NBC4 Washington (television), June 2008
9. Tubalepper og harpekramper. Dagens Medisin, June 8, 2008
10. Whatever Moves You. Baja Times, Vol 30(79); April 16-30, 2008
11. Sore? It may be overuse or inactivity. Thespec.com, February 19, 2008
12. Treating the Trigger, Advance for Physical Therapists & PT Assistants, 19(6)26, 2008
13. Fitness Column, Washington Post, December 26, 2007
14. Fitness Column, Washington Post, December 18, 2007
15. 2006 Manual Therapy Awards and Abstracts – J Manual Manipul Ther, 2007;15(1):59–62
16. Birk, S: Pressing Need; Flatten myofascial pain syndrome with manual therapy - Today in PT, May 14 2007
17. Painful Note – Albuquerque Journal, September, 2003
18. Tuba Lips, Guitar Nipples and other Musical Maladies – Washington Post, March 25, 2003
19. Interview – University of Maryland Cable Television, October 2001
20. Playing without Pain – The International Musician, December 2000, 12-13
21. Live with David Bloomer - Bahrain Radio, November 2, 2000
22. Interview - Bahrain Television, November 1, 2000
23. Treatment of Choice; The Pain That's Hard to Name - Washington Post, August 29, 2000
24. Keep the Music Playing - Advance for Directors in Rehabilitation, 1996, Vol.5, 9, 34-37
25. Arts Medicine - NBC4 Washington (television), January 1994
26. Een verontrustende nieuwe ziekte onder beeldschermwerkers (A Worrisome New Disease among Computer Operators) - Vrij Nederland, December 1993 (Dutch Newspaper)
27. Repetitive Motion Disorders – NBC4 Washington (television), October 1993
28. Decouverte: Arts Medicine, a documentary - Canadian Broadcasting Company (television), September 1993
29. Arts Medicine: A New Medical Specialty – CNN (television), January 1993
30. Music Medicine: The National Arts Medicine Center - Interview for the Voice of America (radio), August 1992
31. Holistic Approach is Usual for Dutch PTs - Advance for Physical Therapists, 1990(1):9

32. Physical Therapists Use Colorful Solution - Advance for Physical Therapists, 1990(1):44